

Heritage Hot Lunch Menu 2023-2024

WEEK # 1 (August 30 / October 2 / November 6 / December 11 / January 29 / March 11 / April 15 / May 20)					
TODAY'S MENU	Soup Spaghetti, garlic bread, salad Dessert	Soup Chicken wrap, vegetable sticks, macaroni salad Dessert	Soup Pizza sub, chips, vegetable sticks Dessert	Soup Egg Rolls, rice, vegetables Dessert	Soup Sloppy Joes, potato wedges, vegetable sticks Dessert
WEEK #2 (September 4 / October 9 / November 13 / December 18 / February 5 / March 18 / April 22 / May 27)					
TODAY'S MENU	Soup Baked mac & cheese, garlic bread, salad Dessert	Soup Tacos, rice, vegetable sticks Dessert	Soup Sausages, mashed potatoes, vegetables Dessert	Soup Croissant sandwich, macaroni salad, vegetable sticks Dessert	Soup Lasagna, garlic bread, salad Dessert
WEEK #3 (September 11 / October 16 / November 20 / January 8 / February 12 / March 25 / April 29)					
TODAY'S MENU	Soup Chili, corn chips, vegetable sticks Dessert	Soup Chicken broccoli bake, garlic bread, salad Dessert	Soup Meatballs, mashed potatoes, vegetables Dessert	Soup Quesadillas, rice, vegetable sticks Dessert	Soup Pizza, chips, vegetable sticks Dessert
WEEK #4 (September 18 / October 23 / November 27 / January 15 / February 19 / April 1 / May 6)					
TODAY'S MENU	Soup Turkey wrap, couscous, vegetable sticks Dessert	Soup Beef macaroni, garlic bread, salad Dessert	Soup Ham, mashed potatoes, vegetables Dessert	Soup Chicken burger, macaroni, vegetable sticks Dessert	Soup Shepherds Pie, salad Dessert
WEEK #5 (September 25 / October 30 / December 4 / January 22 / February 26 / April 8 / May 13)					
TODAY'S MENU	Soup Ham rigatoni, salad, garlic bread Dessert	Soup Chicken fingers, rice, vegetables Dessert	Soup Pancakes, fruit salad, cheese stick Dessert	Soup Hamburger steak, mashed potatoes, vegetables Dessert	Soup Grilled cheese, potato wedges, vegetable sticks Dessert

Complete meal (Soup, main dish, drink and dessert): \$7.50

5 Day Meal Card: \$35.00

A la Carte (Grilled Cheese & Soup): \$5.00 - Available every Monday, Wednesday and Friday

***Cheques payable to Sherie McLean

***E-Transfer sheriemclean@hotmail.com

Extra with the Main Meal: \$3.00

Juice/Milk: \$1.00

Dessert: \$1.50

Soup: \$1.50

****Hot lunch must be ordered before 10 am**