

MENU 2014-2015

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		À LA CARTE	
WEEK #1 (August 25 / September 29 / November 3 / December 8 / January 26 / March 9 / April 13 / May 18)											
<u>SOUP</u>	Cream of carrot	Beef and noodle soup	Chicken and rice soup	Vegetable soup	Pea soup					Small/Large Soup	1,00 \$ - 1,50 \$
<u>TODAY'S MENU</u>	Spaghetti meatballs Caesar salad, garlic bread	Tuna roll Homemade Quiche Green salad	Sheppard's pie Pickled beets	Chicken burger, Lettuce, tomatoes, vegetables	Pancake,ham,sausage Beans, fruits					Vegetables	1,00 \$
<u>DESERT</u>	Fruit cup	Vanilla cake	Pudding	Clafouti	Frozen yogurt and fruits					Cheese cubes	1,25 \$
WEEK #2 (September 1 / October 6 / November 10 / December 15 / February 2 / March 16 / April 20 / May 25)											
<u>SOUP</u>	Beef and barley soup	Tomato soup	Cream of broccoli	Chicken noodle soup	Soup of the day					Salad of the day	2,50 \$
<u>TODAY'S MENU</u>	Chicken Burritos Lettuce, vegetables	Spaghetti Caesar salad, garlic bread	Pork and beef sausages Mashed potatoes, mixed vegetables	Homemade pizza Chef's salad	Fish nuggets Vegetables					Small/Large Caesar salad	2,00\$ - 3,00 \$
<u>DESERT</u>	Fruit cup	Yogurt	Brownies	Strudel	Fruity jello					Meal Salad (eggs,ham or chicken)	4,75 \$
WEEK #3 (September 8 / October 13 / November 17 / January 5 / February 9 / March 23 / April 27 / June 1)											
<u>SOUP</u>	Tomato soup	Chicken and rice soup	Vegetable soup	Chicken noodle soup	Chef's potage					Egg Sandwich	3,00 \$
<u>TODAY'S MENU</u>	Beef macaroni Vegetables	General tao chicken Rice and vegetables	Ham steak Mashed potatoes, mixed vegetables	Mediterranean couscous	Chef's meat loaf Mashed potatoes Vegetables					Ham sandwich	3,00 \$
<u>DESERT</u>	Frozen yogurt and fruits	Carrot cake	Rice krispies square	Fruit Cup	Apple crisp					Chicken sandwich	3,00 \$
WEEK #4 (September 15 / October 20 / November 24 / January 12 / February 16 / March 30 / May 4 / June 8)											
<u>SOUP</u>	Leek soup	Onion Soup	Lentil soup	Alphabet soup	Garden cream					Cold Submarine	3,00 \$
<u>TODAY'S MENU</u>	Penne chef's sauce Green salad	Beef Tacos Lettuce, salsa and cheese	Chicken fried rice, egg rolls	Homemade sub Salad, tomatoes, vegetables	Pork chop bbq sauce Potatoes and vegetables					Bagel with cheese	3,00 \$
<u>DESERT</u>	Fruit sauce	Pudding "chomeur"	Banana cake	Rice pudding	Fuity jello					Single Grill Cheese + vegetables	2,50 \$
WEEK #5 (September 22 / October 27 / December 1 / January 19 / February 23 / April 6 / May 11 / June 15)											
<u>SOUP</u>	Chiken soup	Beef vegetable soup	Tomato and rice	Cream of spinach	Minestrone					Double Grill Cheese + vegetables	3,25 \$
<u>TODAY'S MENU</u>	Chef's pita Green salad	Fish tender Rice and corn	Hot hamburger Potatoes ,carrots and peas	Lasagna Caesar salad	Chicken brochette Rice and greek salad					Fresh fruits	0,75 \$
<u>DESERT</u>	Fruit cup	Pudding	Cupcake	Pie of the day	Graham square					Desert of the day	1,00 \$

Complete Meal: (soup, main dish, dessert and juice or milk)

Main Dish Only, 4,00 \$ or 5 dishes for 20,00 \$.

Cash: 5,50 \$

5 meal card: 26,00 \$ (5,20 \$ each meal)

30 meal card: 155,00\$ (5,10 \$ each meal)

Full year: one child: 90\$ / month (5,00 \$ each meal)

Two children: 176,00 \$ / month (4,90 \$ each meal)

Three children: 260,00 \$ / month (4,80 \$ each meal)

It is possible to replace the main dish with a sandwich or chili con carne with vegetables & dip. The meal cards are available every Friday morning. You can send cash or a check payable to "Les P'tits becs fins" in an envelope with the child's name and group number.

**** Grill cheeses will only be available on : Monday and Wednesday**

For more information call Jacqueline Mercier : (514)-884-3610